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November 2022

I Lie Down and Sleep

One of my favourite Psalms in the Bible is Psalm 3. The title to the Psalm tells us who wrote it and what was going on in their life at the time.

It was written by King David, who's son Absalom was trying to kill him to take over as king. That must have been such an enormous thing for David to face; on so many levels.

David begins his Psalm with the words, "O Lord, how many are my foes! How many rise up against me!"

It occurs to me that whilst we might not literally have people rising up against us at the moment (although some people reading this might be going through that experience), we do have a whole bunch of world situations rising against us. An economic crisis, fear of war, real concern about staying warm this winter, the environmental crisis, a more than crazy political world in our country... You fill in the additional blanks.

Maybe, in a different way we might feel that we could utter the words, "How many rise up against me!"

David's Psalm doesn't just end, though, with a negative line. He goes on to give some amazing and encouraging lines, from his own position of uncertainty. For instance, he writes:

"But you are a shield around me, O Lord; you bestow glory on me and lift up my head."

And then, there is this great little bit where he writes:

"I lie down and sleep; I wake again, because the Lord sustains me. I will not fear the tens of thousands drawn up against me on every side."

The picture there is of David feeling like he is surrounded by his enemies, but he goes to sleep and rests peacefully. He is not ignoring the enemies,



but it is the Lord who sustains him.

I know that we cannot find peace in a storm because somebody tells us to calm down. Never in the history of somebody saying 'Calm down' has the person actually calmed down.

But, David's experience during his storms of life can be our experience too. The storms are still there and we need to face them every day, but we can lie down and sleep. We can find rest and peace, even in the middle of the storm, because the Lord sustains us.

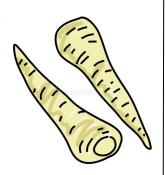
My prayer for you is that you would know this peace as the world goes mad around us. (Oh, and David was able to take the throne again later.)

God bless,



The Green Zone

This month's suggestion is for each of us to buy local food for the season. The biggest downside of us having such choice in our shops is the carbon footprint of bringing those foods to our shops. Many long lasting products come to the UK by ship, which is a better option. But, fresh food from other countries is flown to the UK. It is also important to buy local produce in season as if it is not the natural season then it is likely that a lot of energy has been used for that product to be fresh when it is.



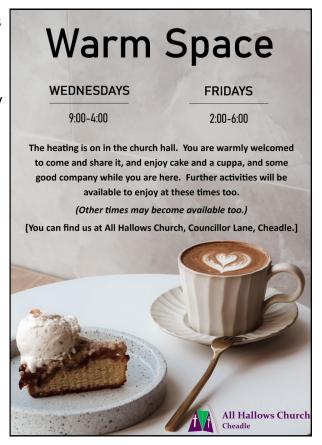
Warm Spaces

Everybody is well aware by now that the economic crisis is hitting individuals and families profoundly already. We have had a mild October but are well aware that as the winter truly arrives many people are deeply concerned about whether or not they will be able to pay their energy bills.

Various community buildings will be open throughout the winter so that those who are struggling to pay their bills and find themselves in cold homes can go somewhere to be warm. Local councils and businesses are also financially supporting the owners of those community builders, assisting them to pay their own bills.

All Hallows Church is offering the church lounge in the first instance, and then the church hall if required, as a safe space where members of the community can be warm. We will also be providing different games and activities (as well as hot drinks and cake), so as to make those times together a lot of fun too.

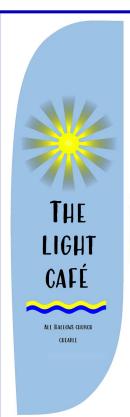
Anybody is welcome to come and join us.





What's on?

AGE: High Schoolers



OPEN WEDNESDAYS

9:00AM - 2:00PM

SERVING BREAKFAST, LUNCH, HOME MADE CAKES & FREE DRINKS



TODDLERS

EQUIPMENT AVAILABLE

9:00AM - 12:00AM





COST: £1 + money for tuck shop

A youth group with great activities available.

From 16th Nov



10:00-11:30 Wednesday 2nd November





Free Debt Help Available

All Hallows has partnered with Christians Against Poverty in order to help people out of debt.

If you need support to get out of debt then contact the CAP Enquiries Team on 0800 328 0006 and they will get you booked in for your first appointment.





New or Visiting?

First Time Here?

If it's your first time here then welcome! It's great to have you with us. Here are a few short notes that you might find helpful.

Relax - You're our guest, so make yourself at home. If there is anything that you would like to know then ask a member of the Welcome Team.

Sign the kids in - The Welcome Team can show you where to take your children. Sometimes we are all in church together, but on other weeks... *Pre-School*; There are green tables in church with some activities for young children. Please, please don't be embarrassed if they make any noise during the service. *Ages 4*+; Sunday School meet in rooms at the end of the hall, down the ramp. *Sunday Youth* meet in the room off from the main worship area. All leaders have proper DBS checks.

Fill in a Communication Card - Drop it in the box on the Welcome Desk in the foyer or give it to the service leader on the way out. Please use it to ask questions, offer feedback or request prayer.

We don't expect guests to give - For those who are members or regular attenders of our churches there is an offering plate at the back, but we don't ask our guests for any money.

We have a Loop System - Switch your hearing aid to T-coil. You might find it useful to sit towards the middle.

Hang around afterwards - Come and join us for a cup of tea or fresh coffee, and for a chat.

Prayer Ministry - If you would like somebody to pray with you about something for yourself or somebody that you know then there are people who would love to do so after the service. Please make yourself known to the service leader.

Next Steps

We are all on a journey through life, and our faith is no different.

Depending upon where you are on your journey with God here are some 'Next Steps' you could take

COMMIT YOUR LIFE TO CHRIST

Commit to follow Jesus today!

RE-COMMIT TO CHRIST

It's never too late for a fresh start with faith.

DECLARE YOUR FAITH THROUGH BAPTISM

If you feel you've made a commitment to God but have never been baptised, then this could be a great step for you.

JOIN A HOMEGROUP

If you're not in one, there are a number of groups that meet in homes throughout the week to get to know each other better, look at the Bible and pray together.

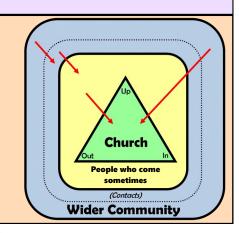
BE PART OF THE MISSION

There are lots of ways you can use your gifts to serve God, his Church and the wider community.

Loving God.

Loving each other.

Loving the people of Cheadle.



Contact Details

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