



Invitation Sunday

Ok, so something called Invitation Sunday is not exactly a famous date that rolls off the tongue. For us, this year it is Sunday, 7th July; and everybody is invited to come to one of our Sunday services that day. The invitation is always there but it can be difficult for some people to go somewhere new, especially if they think that they will be the only new people there and everybody else will be looking at them. So, if that's you, on 7th July our Sunday services will be geared towards those who do not usually come to a church service and we will be inviting lots of people to come to join us; so, you won't be the only newby here.

We were originally going to have an Invitation Weekend and put on a Fun Day on the Saturday too. However, if England get through in the Euros, then great numbers of our country are likely to be watching the football that day, with England in the Quarter-Finals. (Of course, it might not happen but we have to plan as if it will.)

Not only that but on Thursday 4th it will have been the General Election, with all that follows in the days after that. So, you might will be a little bit weary of politics at that point. It really is a going to be a big week.

Our Invitation Sunday was already in the diary before football fixtures and General Election dates were known, but maybe it has come at a really useful time. As all of these other things go on around us maybe it is a good time for us to stop and take stock of the things that are most important in life.

I was recently preaching from Acts, chapter 2, where there are a few lines about how the early church conducted themselves and how there was this extraordinary growth in the church. One of the things that we read is that, "Everyone was filled with awe," and we notice that this awe was even before "many wonders and miraculous signs were done by the apostles." (Acts 2:43) The church was such a fantastic, welcoming, hospitable place, where anybody and everybody had something to contribute and where everybody was cared for. So much so that there was this great awe at being there. It was just the best place in the world.

We are not perfect, but that is what we strive to be like. So, we would love to welcome you to those services on 7th July. (We even have the Bishop of Stockport speaking at the morning service.) So, if nobody asks you personally do consider this letter to be your invite, from me!

God bless,

Paul

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5 Ways to Save on Your Food Shop

christians
against
poverty

CAP

It's almost hard to believe how much all of our shopping bills have gone up in the last couple of years. As food prices remain high, now is a great time to look at ways to try and keep costs down where we can.

Create a food shop budget

With food costs constantly changing, it's easy to spend a lot more than you'd like on your weekly shop.

Set a budget limit and do your best to stick within it. Try cheaper alternatives to reduce your costs and avoid putting extra items into your shopping trolley just because they're on offer.

Be aware of yellow labels

Big yellow labels in supermarkets can make us think we're getting a real bargain, but are they really good deals or just colourful stickers to tempt us to buy stuff we don't really need?

Yellow label items can be a bargain, but sometimes you can still get the same product cheaper elsewhere or buy a different size of the same product for less. It's worth taking a minute or two to double check.

Check the cost per amount

Which sized product is the best to buy? If you look at the less obvious black and white labels, you'll often see a price per weight breakdown. This is super helpful to check as buying in bulk might mean you get more for your money.

Check the best before date

There's no point buying food that you won't have time to eat before it goes out of date. Check the best before dates, plan your meals in advance, and don't buy things that you regularly waste in order to save money and reduce food waste.

Try budget recipes

There are plenty of free resources online to help you learn new meals that you can cook on a budget. To find tasty budget recipes and sign up to a free local life skills course run by a church near you, visit capuk.org/lifeskills and take your money saving knowledge to the next level.

Christians Against Poverty (CAP) is a UK charity working with over 800 affiliated churches to deliver debt help, budgeting guidance, support to find work, life skills education and more. Visit capuk.org to find out more.

The Green Zone



When it comes to changing the ways that we live for the good of the environment and, therefore, the good of the people of our world, there are some bigger things that we all need to do and there are also some small wins too.

One of those small wins is to reuse scrap paper. For instance, if you've printed something and you can print on the other side of the paper on a different occasion then do. Or save the paper, make a pile of it and fold some into a small note book for your notes.

About 200 million trees are felled every year and used for paper. Reducing that number will have so many positive impacts, so reuse scrap paper.

Jesus is my Captain, Brother, Rescuer & Friend

What do you think when you read this header “Jesus is my Captain, Brother, Rescuer and Friend”? Do you think, oh no military talk, that’s not for me! I like the brother bit, I don’t need a Rescuer because I am good, but I need a friend. So, we see the things we like and turn away or dismiss the things we don’t like.

As a man in my 50s I have lived through the back end of the Cold War, Falklands War, Gulf War, Iraq War, War in Afghanistan, and the years of the IRA and now the Ukraine – Russian war that is going on right now. So, war is still around us and its scars can still be seen. And for a few people these scars are for life or have cost them their life.

Church Army founder Wilson Carlisle was a businessman that travelled round Europe around the time of the Franco - Prussian war (1870 – 1871), and like a lot of people at that time lost most of his money due to the impact of war. This time was known as the Long Depression (1873- 1896). Wilson whilst training to be a vicar in London saw the slums of Westminster and started to help the people of the slums with food and drink, reading and writing and training them to in turn go out and help. It was out of this work Church Army was set up in 1882. Or to put it another way, “An army of ordinary people”, being trained to show and talk about the love of Jesus and recognise him as captain of our lives.

So going back to the heading “Jesus is my Captain, Brother, Rescuer and Friend”, some may recognize this title as one of the CODEs from CVM (Christian Vision for Men) and you would be right. “Codelife” is a modern way of looking at the Beatitudes set out in Matthew chapter 5. The Code is set up by men for men.

With this in mind, I would like to invite you to a Men’s Breakfast on Saturday 13th July starting at 9am, at the Micker Brook Pub, Cheadle, to share some food and conversation together with our fellow brothers from the local area, with a view to perhaps making it a regular event, looking at some of the CVM/Church Army material, to help us men in our faith journeys. It will cost around £7.

I will need to advise the pub of numbers if a large party, so to book, please can you message: “Breakfast” (It would be helpful to add your name and church to) to me on [07923457573](tel:07923457573).

God Bless
Phil J



6 Principles of Prayer

Jesus’ disciples were men and women of faith, and they knew how to pray. Yet on one occasion some of those inner disciples came to Jesus and asked him how they should pray, presumably because there was something about the way that Jesus prayed that they could see went deeper than their personal religious practices. Jesus taught them what we call ‘The Lord’s Prayer’. This is a structure for praying with 6 important principles contained within it:

1. Our Father in heaven, hallowed be your name - Focus on our heavenly Father’s character
2. Your kingdom come, your will be done on earth as it is in heaven - Focus on his kingdom and will
3. Give us today our daily bread - Focus on his provision for our needs and the needs of others
4. Forgive us our debts, as we have also forgiven our debtors - Focus on his forgiveness
5. And lead us not into temptation - Focus on his guidance
6. But deliver us from evil - Focus on his protection

As we pray through each of these different principles we remember more and more the goodness of God.



New or Visiting?

First Time Here?

If it's your first time here then welcome! It's great to have you with us. Here are a few short notes that you might find helpful.

Relax - You're our guest, so make yourself at home. If there is anything that you would like to know then ask one of the Welcome Team by the front door.

We don't expect guests to give - For those who are members or regular attenders there is an offering plate at the back, but we don't ask our guests for any money.

We have a Loop System - Switch your hearing aid to T-coil.

You might find it useful to sit towards the middle.

Hang around afterwards - Come and join us for a cup of tea or fresh coffee, and for a chat—drinks are served in the hall and we usually gather in the lounge to chat.

Prayer - If you would like someone to pray with you — either prayer for you or for someone you know — there are people who would love to do so after the service. Please make yourself known to the service leader.

Children & Youth - Once a month, the whole church worships together. On other weeks, there is a Sunday School for primary aged children and a group for high-school age young people. One of the Welcome Team can show you where these groups meet. For pre-school age children, there are green tables at the side of church with activities. Please don't be embarrassed if your children make any noise—they are welcome here and are part of the service, too! All our children and youth leaders have DBS checks and have undergone safeguarding training.

Next Steps

We are all on a journey through life, and our faith is no different. Depending upon where you are on your journey with God here are some 'Next Steps' you could take:

COMMIT YOUR LIFE TO CHRIST

Commit to follow Jesus today!

RE-COMMIT TO CHRIST

It's never too late for a fresh start with faith.

DECLARE YOUR FAITH THROUGH BAPTISM

If you feel you've made a commitment to God but have never been baptised, then this could be a great step for you.

JOIN A LIFE GROUP

If you're not in one, there are a number of groups that meet in homes throughout the week to get to know each other better, look at the Bible and pray together.

BE PART OF THE MISSION

There are lots of ways you can use your gifts to serve God, his Church and the wider community. Speak to one of the church team to find out more.

JUNE 2024

Sunday 2nd

10:00 Morning Service & Sunday School

6:30 Evening Communion Service

Monday 3rd

10:00 Zoom Prayers

Wednesday 5th

7:00-8:30 Youth Club

Sunday 9th

10:00 Morning Service & Sunday School

6:30 Evening Service

Monday 10th

10:00 Zoom Prayers

Wednesday 12th

9:00-1:30 The Light Café

1:00-1:15 Pause for Thought

7:00-8:30 Youth Club

Sunday 16th—Father's Day

10:00 Morning Communion Service & Sunday School

6:30 Evening Service

Monday 17th

10:00 Zoom Prayers

7:30 Leaders & Preachers Meeting

Wednesday 19th

9:00-1:30 Light Café

10:00-11:30 Toddlers

1:00-1:30 Pause for Thought

7:00-8:30 Youth Club

Sunday 23rd—Inviter Sunday

10:00 Family Service

6:30 Evening Service

Monday 24th

10:00 Zoom Prayers

Wednesday 26th

9:00-1:30 Light Café

10:00-11:30 Toddlers

1:00-1:30 BCP Communion Service

7:00-8:30 Youth Club

Thursday 27th

7:30 Social Night

Sunday 30th

10:00 Morning Service & Sunday School

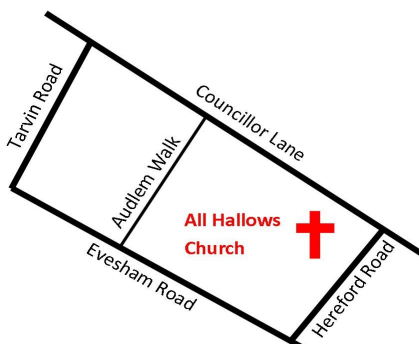
6:30 Evening Service

As well as these events, Life Groups meet during the week—to join one of these small groups, speak to Paul C or Barbara.

Contact Details

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If you would like to make a one-off donation to the work of All Hallows Church you can do so by using the QR Code.