



## “God is the King of all the earth.”

At a couple of our prayer meetings this past week we have read the set psalms for the day and have been looking for something encouraging in what feels like a very discouraging world at the moment. Psalms 46 and 47 did not disappoint one bit. They say things like:

*“God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea.”* (Psalm 46:1-2)

*“Nations are in uproar, kingdoms fall; God lifts his voice, the earth melts.”* (Psalm 46:6)

*“God makes wars cease to the ends of the earth; he breaks the bow and shatters the spear, he burns the shields with fire.”* (Psalm 46:9)

*“The Lord Almighty is with us; the God of Jacob is our fortress.”* (Psalm 46:11)

*“For God is the King of all the earth; sing to him a psalm of praise. God reigns over the nations; God is seated on his holy throne. The nobles of the nations assemble as the people of the God of Abraham, for the kings of the earth belong to God; he is greatly exalted.”* (Psalm 47:7-9)

I wonder how you respond to reading those words. For me I already know them to be true, but it is good to be reminded of these things again.

There are the obvious questions about why God hasn't stopped these awful things from happening. But, then we hold that in one hand and in the other hand remember that God gives us the power to make our own decisions in life, and that sinful people will do sinful things (that's all of us). Sadly, some of those sinful people have the power to do truly awful things on a grand scale.

And yet, God is still the King over all. Those other leaders of nations will one day bow the knee before God. Their time is limited. Their power is limited. The number of days of their lives are limited. There have been so many powerful leaders throughout history who have no power today. But God remains, and he is still King over all.

This knowledge can give us courage and peace in times of turmoil. It breaks our hearts to see so much suffering and hurt in the world. But, we follow a God who heals hearts, breaks the teeth of the wicked (another psalm), judges all in a just way - and he will never be moved from his throne!

God bless,

*Paul*

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# 4 Small Changes for a Big Impact

christians  
against  
poverty

CAP

Small, positive changes can make a big difference in your life, especially when it comes to your finances. Try out these four tips and see how much money you can save.

## Create a budget

If your aim is to save money, creating a budget is one of the most important first steps. It's a fantastic way to gain a clearer picture of your financial situation. First, establish what you spend your money on and how much income you have coming in. This will help you see where you can cut out or cut back on small expenses to increase savings in the long run.

## Always compare prices

Things might not be cheap but there are often cheaper alternatives. We can sometimes go for a brand we've seen advertised because that exposure makes us trust it more than brands we haven't heard of. However, just because a company doesn't have a big advertising budget doesn't necessarily mean what they're selling won't do the job you need it to do.

Try cheaper alternatives, and if you like them, great, you've saved money! If you don't, you can always go back to a brand you prefer if you decide it's worth the extra cost.

## Check out helpful websites

Finding out what the cheapest option is can sometimes be a challenge, but there are plenty of helpful websites to give you a good idea. Try [moneysavingexpert.com](http://moneysavingexpert.com) for tips to help you save on a wide range of different things. Sign up to their weekly email newsletter to get the latest deals, guides and hacks directly from Martin Lewis and the MSE team.

## Attend a free money course

Free local money coaching and life skills courses can be super helpful to take your money management skills and financial confidence to the next level. Christians Against Poverty (CAP) runs these free courses in local communities for people of all faiths and none.

Visit [capuk.org/help](http://capuk.org/help) to find out more about the full range of help CAP offers in our local area.

**Rosemary Allen**

**CAP - Stockport Debt Centre Manager**

**Christians Against Poverty**

**07423353215**

**CAP days: Tuesday, Wednesday and Thursday**

*Christians Against Poverty (CAP) is a UK charity working with over 1000 affiliated churches to deliver debt help, budgeting guidance, support to find work, life skills education and more. Visit [capuk.org](http://capuk.org) to find out more.*

## The Green Zone

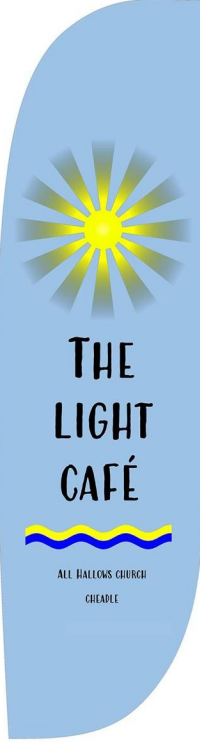


THE  
EARTHSHOT  
PRIZE

This month's idea to help us to consider how to live in a better way for our world and environment is similar to last month's idea, but with a slightly different focus.

Again, the suggestion is to look up some good podcasts. But this time, the purpose is to be *personally encouraged and built up* by them. There are uplifting, good news podcasts which talk about great ways that people are working in order to make the world a better place. For instance on YouTube there is 'Planet Wild', 'Good News', a similar channel by 'Sam Bentley' and the 'Earthshot' channel set up by Prince William.

# What's On?



## Open Wednesdays (School term-time) 9:00am - 1:00pm

We serve drinks, breakfast, lunch and homemade cakes—plus there's always someone for you to chat to if you'd like some company.

If it's not a Messy Toddlers week, there'll be play equipment out in the café for preschoolers. We also have a 'Pause for Thought' at 1:00.

**Messy Toddlers** takes place during Café, 9:30-11:00 once a month.

We'd love to welcome you in!

## Messy Toddlers

all 0-5s and their parents / carers welcome

9:30-11:00am

Wednesdays:  
-14<sup>th</sup> January  
-11<sup>th</sup> February  
-11<sup>th</sup> March  
-15<sup>th</sup> April

Lots of great toys, stories, crafts and chats. Plus the Light Café is open for drinks and snacks.

**All Hallows Church**  
Cheadle

7:30-9:00pm.  
LAST THURSDAY EVENING OF THE MONTH

# SOCIAL NIGHT

All are welcome.  
(Under 18s must be accompanied by a responsible adult)

## ALL HALLOWS Youth Group

WEDNESDAYS 7-8.30PM

Meet together, pray together, share life together—join a small group today!

*life* **GROUPS**

WE ARE BETTER TOGETHER

christians against poverty

### Free Debt Help Available

All Hallows has partnered with CAP in order to help people out of debt. The Stockport Debt Centre is based here and we work in all Stockport postcodes from SK1 to SK8. We are building links with other churches across the Stockport area so that local churches can give the most holistic support possible to local CAP clients.

If you need support to get out of debt then contact the CAP Enquiries Team on **0800 328 0006** and they will get you booked in for your first appointment.

**CAP DEBT HELP**

# New or Visiting?

## First Time Here?

If it's your first time here then welcome! It's great to have you with us. Here are a few short notes that you might find helpful.

**Relax** - You're our guest, so make yourself at home. If there is anything that you would like to know then ask one of the Welcome Team by the front door.

**We don't expect guests to give** - For those who are members or regular attenders there is an offering plate at the back, but we don't ask our guests for any money.

**We have a Loop System** - Switch your hearing aid to T-coil.

You might find it useful to sit towards the middle.

**Hang around afterwards** - Come and join us for a cup of tea or fresh coffee, and for a chat—drinks are served in the hall and we usually gather in the lounge to chat.

**Prayer** - If you would like someone to pray with you — either prayer for you or for someone you know — there are people who would love to do so after the service. Please make yourself known to the service leader.

**Children & Youth** - Once a month, the whole church worships together. On other weeks, there is a Sunday School for primary aged children. One of the Welcome Team can show you where Sunday School meets. For pre-school age children, there are green tables at the side of church with activities. Please don't be embarrassed if your children make any noise—they are welcome here and are part of the service, too! All our children and youth leaders have DBS checks and have undergone safeguarding training.

## Next Steps

We are all on a journey through life, and our faith is no different. Depending upon where you are on your journey with God here are some 'Next Steps' you could take:

### COMMIT YOUR LIFE TO CHRIST

Commit to follow Jesus today!

### RE-COMMIT TO CHRIST

It's never too late for a fresh start with faith.

### DECLARE YOUR FAITH THROUGH BAPTISM

If you feel you've made a commitment to God but have never been baptised, then this could be a great step for you.

### JOIN A LIFE GROUP

If you're not in one, there are a number of groups that meet in homes throughout the week to get to know each other better, look at the Bible and pray together.

### BE PART OF THE MISSION

There are lots of ways you can use your gifts to serve God, his Church and the wider community. Speak to one of the church team to find out more.

## FEBRUARY 2026

### Sunday 1<sup>st</sup>

10:00 Morning Family of God Service

6:30 Evening Service

### Wednesday 4<sup>th</sup>

9:00-1:00 Light Café

1:00-1:15 Pause for Thought

7:00-8:30 Youth Club

### Sunday 8<sup>th</sup>

10:00 Morning Service & Sunday School

6:30 Evening Service

### Wednesday 11<sup>th</sup>

9:00-1:00 Light Café

9:30-11:00 Messy Toddlers

1:00-1:30 Pause for Thought

7:00-8:30 Youth Club

### Sunday 15<sup>th</sup>

10:00 Morning Service & Sunday School

6:30 Evening Service

### Sunday 22<sup>nd</sup>

10:00 Morning Service & Sunday School

6:30 Evening Service

### Wednesday 25<sup>th</sup>

9:00-1:00 Light Café

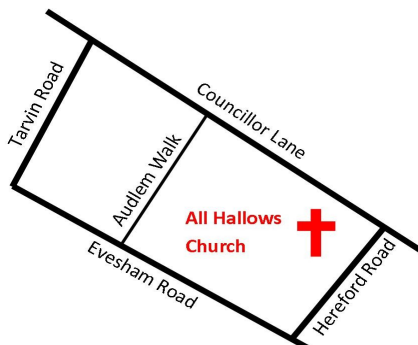
1:00-1:15 BCP Communion

7:00-8:30 Youth Club

# Contact Details

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allhallows-church.org.uk



If you would like to make a one-off donation to the work of All Hallows Church you can do so by using the QR Code.

## PRAYER MEETINGS

### Monday

10:00-11:00 Zoom Prayers

### Tuesday, Wednesday, Thursday

9:30-10:00 Morning Prayer in Church

### Saturday Prayer Relays

Book a half hour slot during the day to pray, before somebody else takes over