

# All Hallows News



allhallows-church.org.uk



February 2022

## Tidy Up

Back before Christmas I was planning for the first service of the New Year (don't ask: it's a vicar's perennial thing to do). I had set myself the focal verse of Jeremiah 29:11, which speaks of God having good plans for his people.

But, as I looked at the Bible reading before that verse I was reminded of some of the things that God's people were called to do, even while in exile.

A couple of those things were to make good homes for themselves and to seek the peace and prosperity of the area that they were living in. After all, when our local area thrives it

makes all of our lives that little bit better.

In terms of making a good home for ourselves, I have tidied my office! Just clearing loads of clutter has genuinely made it a nicer place to work.

I've also been noticing over the past year or so that there is a lot more litter around than even before the pandemic began. Added to that is that we got a dog in the autumn and she likes to pick up things that people have dropped on the floor—so I have become even more aware of litter.

I'm pretty sure it's true that when people see a

messy area that they are more likely to drop litter themselves, but when the area is tidier they are less likely to.

So, on the morning of Saturday 12<sup>th</sup> February we are going to be doing a litter pick in the local area. It's a simple task that will benefit us all and will make our area a nicer place to live.

But, as I think about making our homes and our local area nicer places to live in I wonder what else we might need to be doing. What could you do to make your home a better place to live in, even during these unsettling times that are still here?



Maybe it is to seek help in getting out of debt. Maybe it is working on strengthening your own wellbeing or that of somebody you know. Maybe it's getting your kids back out to groups—something many have dropped since the lockdowns. Maybe you know that you need to get out more yourself.

Maybe for some it is about going back to church, going to church for the first time or the first time in a long time.

As we follow the call of God to 'tidy up', the church is here to help you in these things. You are very welcome to make the most of the groups and activities highlighted in this newsletter.

God bless,

*Paul*



# Mental Wellbeing

After hosting our incredibly successful first Kintsugi Hope group we are starting a new group in February. Those who came to the course all said that they would happily recommend and invite others to the next group as it had been so helpful to them. So, we would like to invite you or anybody you know to join us for Kintsugi Hope. It will take place on Monday evenings, 7:30-9:00 and starts on 21<sup>st</sup> February.

The group is free to attend and this time we are able to cope with many more people joining us as more of the team have been trained as group facilitators. For further details please speak to Gilly.



Discovering  
treasure  
in life's scars

**'Kintsugi'** is a Japanese technique for repairing pottery, where instead of trying to hide the cracks the pieces are fixed together with seems of gold - making the object more beautiful.

**Kintsugi Hope Wellbeing Groups** are safe and supportive spaces where people can talk about the cracks in their mental health that they live with. Topics include disappointment, loss, anxiety, perfectionism, shame and so much more.

A free 12-week course for adults begins at 7:30 on Monday 21<sup>st</sup> February. A separate a 7-week course for teenagers can be made available too if requested.

To book a place or for more information contact the parish office on **428 9121** or **[allhallows.chedle@gmail.com](mailto:allhallows.chedle@gmail.com)**.

# What's on?

**OPEN WEDNESDAYS**

**9:00AM - 2:00PM**

**SERVING BREAKFAST,  
LUNCH, HOME MADE  
CAKES & FREE DRINKS**



**TODDLERS**

**EQUIPMENT AVAILABLE**

**9:00AM - 12:00AM**



**All Hallows Church  
Cheadle**



christians  
against  
poverty

**CAP**

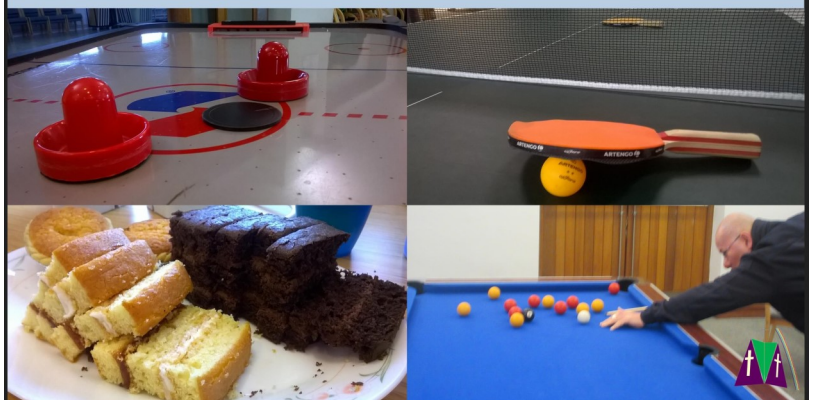
**CAP  
DEBT  
HELP**

## Free Debt Help Available

All Hallows has recently partnered with CAP in order to help people out of debt.

If you need support to get out of debt then contact the CAP Enquiries Team on **0800 328 0006** and they will get you booked in for your first appointment.

## Social Night



**7:30-9:00 on the last Wednesday of the month.**



Ladies Bible Study takes place at 10:30 on Thursdays 10<sup>th</sup> and 24<sup>th</sup> February.

# New or Visiting?

## First Time Here?

If it's your first time here then welcome! It's great to have you with us. Here are a few short notes that you might find helpful.

**Relax** - You're our guest, so make yourself at home. If there is anything that you would like to know then ask a member of the Welcome Team.

**Sign the kids in** - The Welcome Team can show you where to take your children. Sometimes we are all in church together, but on other weeks... **Pre- School**; There are green tables in church with some activities for young children. Please, please don't be embarrassed if they make any noise during the service. **Ages 4+**; Sunday School meet in rooms at the end of the hall, down the ramp. **Sunday Youth** meet in the room off from the main worship area. All leaders have proper DBS checks.

**Fill in a Communication Card** - Drop it in the box on the Welcome Desk in the foyer or give it to the service leader on the way out. Please use it to ask questions, offer feedback or request prayer.

**We don't expect guests to give** - For those who are members or regular attenders of our churches there is usually an offering, but we don't ask our guests for any money.

**We have a Loop System** - Switch your hearing aid to T-coil. You might find it useful to sit towards the middle.

**Hang around afterwards** - Come and join us for a cup of tea or fresh coffee, and for a chat.

**Prayer Ministry** - If you would like somebody to pray with you about something for yourself or somebody that you know then there are people who would love to do so after the service. Please make yourself known to the service leader.

## Next Steps

We are all on a journey through life, and our faith is no different. Depending upon where you are on your journey with God here are some 'Next Steps' you could take

**COMMIT YOUR LIFE TO CHRIST**  
Commit to follow Jesus today!

**RE-COMMIT TO CHRIST**  
It's never too late for a fresh start with faith.

**DECLARE YOUR FAITH THROUGH BAPTISM**  
If you feel you've made a commitment to God but have never been baptised, then this could be a great step for you.

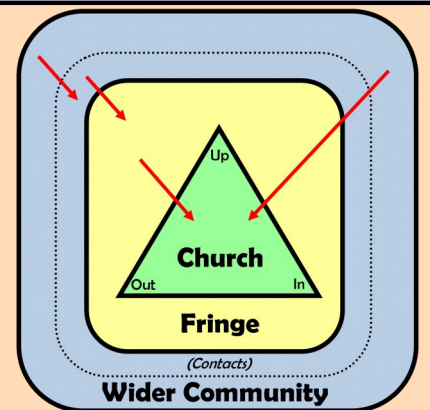
**JOIN A HOMEGROUP**  
If you're not in one, there are a number of groups that meet in homes throughout the week to get to know each other better, look at the Bible and pray together.

**BE PART OF THE MISSION**  
There are lots of ways you can use your gifts to serve God, his Church and the wider community.

**Loving God.**

**Loving each other.**

**Loving the people of Cheadle.**



## Contact Details

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