



The Best Target for 2024

At the beginning of the year people often make a 'New Year's Resolution', wanting to do something better in the coming year than they did in the previous year. As I was preparing for our Commissioning Service on 7th January I was really struck with how useful our one verse reading is as a target for the year ahead. In the second half of 1 Corinthians 10:31 we read, "... whatever you do, do it all for the glory of God."

Could you imagine if all people, everywhere actually did that? By that I don't mean that they should be advancing religion in any way, but rather be seeking to love and serve God in absolutely every aspect of their lives. If everybody did that then the world would be a much better place.

As people we are created by God to be in a relationship with him. We glorify God when we live in loving ways towards him. But, we also benefit hugely too. Studies show that people of faith have better health and mental health on average, and that they live longer on average. (That is not to say that bad things don't happen to people of faith, but on average we deal with them better.) Glorifying God benefits us as individuals.

Glorifying God also means that we are kinder to those in our communities. One of the great commandments is to "Love your neighbour as yourself." If everybody truly glorified God by following his commandment to do this then the world would be such a better place.

We can glorify God by caring better for his creation, which would protect whole species and would also mean that the world in which we live is a better place to live for all people. We might need to change to do that, but that glorifies God.

With our money, our jobs, our hobbies, our interactions with others, the way that we care for people—the way that we live for God; in all of these things the world would be a better place if we all sought to glorify God in 2024.

My challenge to us all is to do just that. Happy New Year!

Paul

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Change Your Mindset on Money

christians
against
poverty

CAP

Money can significantly affect the way we feel, especially when there isn't enough of it. It can make us feel stressed, defeated, anxious and fearful, amongst many other emotions. Understanding the power that money has over our mood is the first step to reclaiming control. Read on for five ways to change your mindset on money, so that you can enjoy a more positive 2024.

Build a budget

We all have so many things to pay for in our everyday lives. With a mix of bills, food, treats, subscriptions and unexpected costs, managing money can feel overwhelming at times. Building a budget can help you see your financial situation more clearly,

meaning you'll be able to make decisions about where to cut costs and feel more in control. There are lots of free budgeting resources and tips available online, including at capuk.org/budgeting

Talk to others

Struggling with money can be an extremely isolating experience. This can become a vicious cycle, as we're less likely to seek help and support when we feel alone. By sharing our worries and experiences with another person, we start to take back control and lessen the burden that we've been carrying alone. You might also find that others are facing similar challenges, meaning you can both share your experiences and tools for managing the situation. If you'd rather speak to someone impartial, you might find it useful to contact an organisation such as **Samaritans (call 116123)** or **SHOUT (text 85258)**.

Set goals

Having a goal to work towards can make us feel more positive. Even a small amount of progress bit-by-bit gives us something to celebrate and feel proud of. Choose an aim that's realistic, such as saving up to go out for a meal or buying a new pair of shoes, and remember to set a new goal once you've smashed it!

Have fun for free

There are tons of free and cheap activities and days out available in communities across the UK. Find out what events are going on at your local church, and keep an eye on capuk.org/blog where you can find useful tips and tricks throughout the year.

Get support

Everyone needs help at times. It's nothing to be embarrassed or ashamed about. If you're struggling with your finances, support is available for free from a range of charities and organisations including Christians Against Poverty (CAP). CAP provides expert debt advice, guidance on finding work and money education, all delivered face-to-face so you'll receive an effective combination of practical and emotional support. To find out more, see capuk.org/help.

Christians Against Poverty (CAP) is a UK charity working with over 800 affiliated churches to deliver debt help, budgeting guidance, support to find work, life skills education and more. Visit capuk.org to find out more.

The Green Zone



One of the biggest reasons why those of us in the Western World live such unhealthy lives for ourselves and the planet is that everything is so fast-paced, with the need to have everything now (if not sooner).

One of the big impacts of this is that we don't take necessary time to plan our errands as people did in previous generations. Planning what we need to buy and where to buy it from reduces waste, petrol emissions and time. It also means that we can plan meals around which foods are in season locally, which is better for the environment and local farmers.

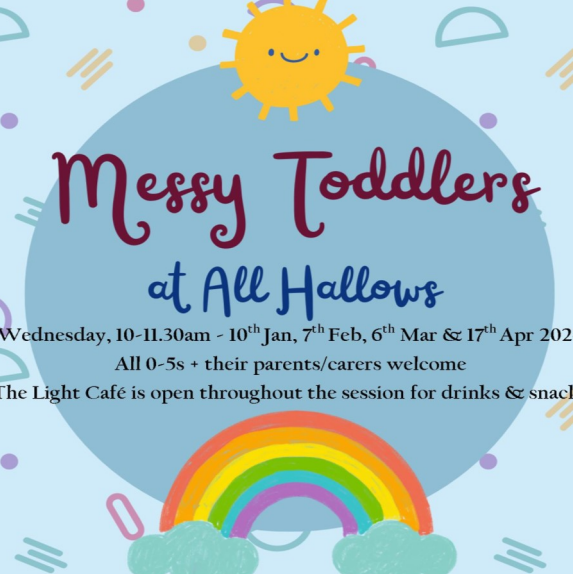
So, this month's top tip is to **PLAN YOUR ERRANDS**.

What's On?



THE LIGHT CAFÉ

The Light Café is open 9am-1:30pm every Wednesday in term time. We serve drinks, breakfast, lunch and homemade cakes—plus there's always someone for you to chat to if you'd like some company. If it's not a Messy Toddlers week, there'll be play equipment out in the café for pre-schoolers. We'd love to welcome you in!



Messy Toddlers at All Hallows

Wednesday, 10-11.30am - 10th Jan, 7th Feb, 6th Mar & 17th Apr 2024
All 0-5s + their parents/carers welcome
The Light Café is open throughout the session for drinks & snacks



ALL HALLOWS Youth Group
WEDNESDAYS 7-8.30PM

For Year 7 upwards, every week in term-time.
Free—but bring money for tuck!



All Hallows Social Night

Last Thursday of every month
7.30–9.00pm

Join us for a relaxed evening of games, conversation & fun:
Pool, air hockey, table tennis, board games, drinks, cake & more

Everyone Welcome

For more information, contact All Hallows on 0161 428 9121 / allhallows.chesdle@gmail.com
All Hallows Church, Councillor Lane, SK8 2JG

JANUARY 2024

Sunday 7th
10:00 Family Commissioning Service
followed by Bring & Share Lunch
6:30 Evening Communion Service

Monday 8th
10:00 Zoom Prayers

Wednesday 10th
9:00-1:30 The Light Café
10:00-11:30 Messy Toddlers
1:00-1:15 Pause for Thought
7:00-8:30 Youth Club

Sunday 14th
10:00 Service and Sunday School
6:30 Evening Service

Monday 15th
10:00 Zoom Prayers
7:30 PCC

Wednesday 17th
9:00-1:30 Light Café
1:00-1:15 Pause for Thought
7:00-8:30 Youth Club

Sunday 21st
10:00 Communion Service and Sunday School
6:30 Evening Service

Monday 22nd
10:00 Zoom Prayers

Wednesday 24th
9:00-1:30 Light Café
1:00-1:30 BCP Holy Communion
7:00-8:30 Youth Club

Sunday 28th
10:00 Service and Sunday School
6:30 Evening Service

Monday 29th
10:00 Zoom Prayers

Wednesday 31st
9:00-1:30 Light Café
1:00-1:15 Pause for Thought
7:00-8:30 Youth Club

As well as these events, Life Groups meet during the week—to join one of these small groups, speak to Paul C or Barbara.

5 Marks of Mission

The Church of England has 5 Marks of Mission, which it seeks to engage in. This is as a national Church, but is also something that local churches are encouraged to engage with too. The 5 marks of mission are:

1. TELL - Tell people about Jesus and the salvation he offers
2. TEACH - Teach within the church so that we can all grow as disciples
3. TEND - Tend to human need by works of social action and care
4. TRANSFORM - Transform unjust structures within our wider society
5. TREASURE - Treasure the whole of God's creation and look after it

These are good missional aspirations for the churches and for Christian people to be engaged in. So much so, that it is worth us all asking ourselves how we are or aren't seeking to put those 5 marks of mission into practice in our own lives. How are we living in such a way, by word and action, that leads others into finding out more about Jesus? In what ways are we ensuring that we grow as followers of Jesus (as his modern day disciples) and live for him and more like him? In what ways do we actively care for other people in need? What engagement do we have in our wider community, in trying to make the world a better place for everybody else? What changes are we making to our lifestyles and life habits so as to look after and protect God creation from the damages that we and others are causing?



New or Visiting?

First Time Here?

If it's your first time here then welcome! It's great to have you with us. Here are a few short notes that you might find helpful.

Relax - You're our guest, so make yourself at home. If there is anything that you would like to know then ask one of the Welcome Team by the front door.

We don't expect guests to give - For those who are members or regular attenders there is an offering plate at the back, but we don't ask our guests for any money.

We have a Loop System - Switch your hearing aid to T-coil. You might find it useful to sit towards the middle.

Hang around afterwards - Come and join us for a cup of tea or fresh coffee, and for a chat—drinks are served in the hall and we usually gather in the lounge to chat.

Prayer - If you would like someone to pray with you — either prayer for you or for someone you know — there are people who would love to do so after the service. Please make yourself known to the service leader.

Children & Youth - Once a month, the whole church worships together. On other weeks, there is a Sunday School for primary aged children and a group for high-school age young people. One of the Welcome Team can show you where these groups meet. For pre-school age children, there are green tables at the side of church with activities. Please don't be embarrassed if your children make any noise—they are welcome here and are part of the service, too! All our children and youth leaders have DBS checks and have undergone safeguarding training.

Next Steps

We are all on a journey through life, and our faith is no different. Depending upon where you are on your journey with God here are some 'Next Steps' you could take:

COMMIT YOUR LIFE TO CHRIST

Commit to follow Jesus today!

RE-COMMIT TO CHRIST

It's never too late for a fresh start with faith.

DECLARE YOUR FAITH THROUGH BAPTISM

If you feel you've made a commitment to God but have never been baptised, then this could be a great step for you.

JOIN A LIFE GROUP

If you're not in one, there are a number of groups that meet in homes throughout the week to get to know each other better, look at the Bible and pray together.

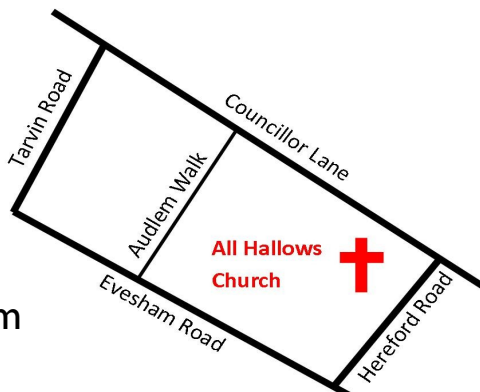
BE PART OF THE MISSION

There are lots of ways you can use your gifts to serve God, his Church and the wider community. Speak to one of the church team to find out more.

Contact Details

All Hallows Church Office
222 Councillor Lane
Cheadle, SK8 2JG

0161 428 9121
allhallows.chedle@gmail.com
allhallows-church.org.uk



If you would like to make a one-off donation to the work of All Hallows Church you can do so by using the QR Code above.